

# Efficacy Over Time With Drug-Eluting Stents in Saphenous Vein Graft Lesions



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## ABSTRACT

**BACKGROUND** In the ISAR-CABG (Is Drug-Eluting-Stenting Associated with Improved Results in Coronary Artery Bypass Grafts?) trial, clinical outcomes at 1 year in patients undergoing treatment of saphenous vein graft lesions were superior with drug-eluting stents (DES) versus bare-metal stents.

**OBJECTIVES** The authors compared outcomes between treatment groups at 5 years.

**METHODS** Patients were randomized (1:1:1:3) to receive DES (either permanent-polymer paclitaxel-eluting stents, permanent-polymer sirolimus-eluting stents, or biodegradable-polymer sirolimus-eluting stents) or bare-metal stents. The primary endpoint was the combined incidence of death, myocardial infarction (MI), or target lesion revascularization (TLR). Secondary endpoints were the composite of death or MI and TLR.

**RESULTS** A total of 610 patients were allocated to treatment with DES (n = 303) or bare-metal stents (n = 307). At 5 years, the primary endpoint occurred in 159 (55.5%) versus 157 (53.6%) patients in the DES and bare-metal stent groups, respectively (hazard ratio [HR]: 0.98; 95% confidence interval [CI]: 0.79 to 1.23; p = 0.89). There was interaction between treatment effect and time (p<sub>interaction</sub> = 0.005), with a lower event rate in the DES group at 1 year (HR: 0.64; 95% CI: 0.44 to 0.94; p = 0.02) but a numerically higher rate between 1 and 5 years (HR: 1.24; 95% CI: 0.94 to 1.63; p = 0.13). Death or MI occurred in 93 (32.8%) versus 108 (36.6%) patients, respectively (HR: 0.85; 95% CI: 0.64 to 1.12; p = 0.24), without significant interaction between treatment effect and time (p<sub>interaction</sub> = 0.57). TLR occurred in 84 (33.1%) versus 69 (25.5%) patients in the DES and bare-metal stent groups, respectively (HR: 1.20; 95% CI: 0.87 to 1.64; p = 0.27). There was interaction between treatment effect and time (p<sub>interaction</sub> < 0.001): TLR was significantly lower in the DES group at 1 year (HR: 0.49; 95% CI: 0.28 to 0.86; p = 0.01) but significantly higher thereafter (HR: 2.02; 95% CI: 1.32 to 3.08; p = 0.001).

**CONCLUSIONS** In patients undergoing treatment of saphenous vein graft lesions, the advantage of DES over bare-metal stents demonstrated at 1 year was lost at 5 years due to higher attrition of efficacy in the DES group. (Efficacy Study of Drug-Eluting and Bare Metal Stents in Bypass Graft Lesions [ISAR-CABG]; NCT00611910) (J Am Coll Cardiol 2018;71:1973-82) © 2018 by the American College of Cardiology Foundation.



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Percutaneous coronary intervention (PCI) of saphenous vein grafts (SVG) is common, accounting for 5% to 10% of all PCI procedures (1). In patients with previous coronary artery bypass graft surgery (CABG) requiring revascularization, PCI is preferred over redo CABG in the presence of a patent left internal mammary artery graft because of the risks associated with repeat surgery (2,3). Nonetheless, in

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## ABBREVIATIONS AND ACRONYMS

**CABG** = coronary artery bypass graft surgery

**CI** = confidence interval

**DES** = drug-eluting stent(s)

**HR** = hazard ratio

**MI** = myocardial infarction

**PCI** = percutaneous coronary intervention

**PES** = paclitaxel-eluting stent(s)

**SES** = sirolimus-eluting stent(s)

**SVG** = saphenous vein graft(s)

**TLR** = target lesion revascularization

the long term, PCI is limited by higher rates of repeat revascularization compared with redo CABG (4,5).

In keeping with findings in native coronary artery disease, randomized studies comparing drug-eluting stents (DES) and bare-metal stents for treatment of SVG lesions have consistently shown favorable results for DES with respect to angiographic and clinical restenosis at short- to medium-term follow-up (6-9). The ISAR-CABG (Is Drug-Eluting-Stenting Associated with Improved Results in Coronary Artery Bypass Grafts?) trial was the largest such trial. The primary analysis at 1 year showed superior clinical outcomes for DES compared with bare-metal stents, driven by significantly lower rates of target lesion revascularization (TLR) in the DES group.

SEE PAGE 1983

Existing randomized studies of patients who underwent treatment of SVG lesions with DES versus bare-metal stents are limited by small patient sample size and relatively short duration of follow-up. For example, the RRISC (Reduction of Restenosis In Saphenous vein grafts with Cypher) trial included 75 patients with clinical follow-up at a median of 32 months (6,10), and the SOS (Stenting of Saphenous Vein Grafts) trial included 80 patients with clinical follow-up at a median of 35 months (7,11). Against this background, the aim of the current study was to compare long-term clinical outcomes in patients randomized to treatment of SVG lesions with DES or bare-metal stents.

## METHODS

**PATIENTS AND STUDY DESIGN.** The ISAR-CABG trial is a randomized, multicenter, assessor-blinded, open-label, superiority trial. Details of the trial design and primary results were previously reported (8). In brief,

patients age >18 years, with symptoms or objective evidence of myocardial ischemia in the presence of  $\geq 50\%$  de novo stenosis of a SVG were eligible for inclusion. Exclusion criteria included cardiogenic shock and malignancies or other comorbid conditions with life expectancy <12 months. Written informed consent was obtained from patients or their legally authorized representative. Patients were enrolled at 4 centers in Germany between November 2007 and February 2010. The study was conducted in accordance with the provisions of the Declaration of Helsinki and with the International Conference on Harmonization Good Clinical Practices. The trial protocol was approved by the ethics committee of each participating center (Online Appendix). Follow-up to 60 months was done as part of clinical routine, and ethics committee approval was received for the study of long-term follow-up data. The trial is reported in line with CONSORT (Consolidated Standards of Reporting Trials) recommendations for reporting of randomized trials and a CONSORT checklist is reported in the online appendix (Online Table 1).

**RANDOMIZATION AND MASKING.** Patients who met all inclusion criteria and no exclusion criteria were randomized in the order that they qualified. Immediately after the lesion was crossed with a guidewire, patients were randomly allocated (1:1:1:3) to receive either DES (1 of 3 types: permanent-polymer paclitaxel-eluting stents [PES] [Taxus; Boston Scientific, Marlborough, Massachusetts], permanent-polymer sirolimus-eluting stents [SES] [Cypher; Cordis, Johnson & Johnson/Cardinal Health, Milpitas, California], or biodegradable-polymer SES [Yukon; Translumina Therapeutics LLP, New Delhi, India]) or bare-metal stents. The choice of bare-metal stent was at the operator's discretion. In each participating center, allocation to treatment was made by means of sealed, opaque envelopes containing a computer-generated sequence. Randomization was stratified for each participating center. Time zero was defined as the time of randomization, at

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**TABLE 1** Baseline Patient Characteristics According to Treatment Group

	DES Group (n = 303)	BMS Group (n = 307)
Age, yrs	71.4 ± 9.0	71.5 ± 9.3
Female	40 (13)	48 (16)
Diabetes mellitus	111 (37)	107 (35)
Insulin-dependent	39 (13)	34 (11)
Hypertension	216 (71)	223 (73)
Hyperlipidemia	268 (88)	264 (86)
Current smoker	25 (8)	18 (6)
Prior myocardial infarction	170 (56)	168 (55)
Clinical presentation		
Unstable angina pectoris	115 (38)	124 (40)
Stable angina pectoris	188 (62)	183 (60)
No. of diseased coronary vessels		
1 vessel	3 (1)	5 (2)
2 vessels	12 (4)	18 (6)
3 vessels	288 (95)	284 (93)
Saphenous vein graft age, yrs	13.4 ± 5.6	13.7 ± 5.2
Serum creatinine, μmol/l	106.1 ± 62.8	103.4 ± 46.0
Left ventricular ejection fraction, %*	49.2 ± 12.2	49.5 ± 13.8
Multiple treated lesions	69 (22.5)	74 (24.4)

Values are mean ± SD or n (%). There were no significant differences in baseline clinical characteristics between treatment groups (p > 0.05 for all comparisons).  
\*Data were available for 83% of study sample (n = 505).  
BMS = bare-metal stent; DES = drug-eluting stent.

which time point patients were considered enrolled in the study and eligible for the intention-to-treat analysis.

**PROCEDURES.** Details of the study procedure and periprocedural antithrombotic therapy were reported previously (8). Embolic protection devices were rarely used (4% of lesions). Intravascular imaging was not used during the index procedure or during follow-up. After the intervention, lifelong aspirin and dual antiplatelet therapy for a minimum of 6 months were recommended for all patients, with other cardiac medications according to the judgment of the treating physician. All patients were followed up yearly by phone or office visit ≤60 months.

**OUTCOMES.** The primary endpoint was the combined incidence of death, myocardial infarction (MI), or TLR at 5 years post-index intervention. Secondary endpoints of interest in the present analysis were the combined incidence of death and MI, TLR, and definite stent thrombosis. MI was defined as previously reported (8). TLR was defined as any repeat percutaneous intervention of the target lesion, or bypass surgery involving the vessel supplied by the target venous graft in the presence of angiographic restenosis (in-segment diameter stenosis ≥50% in quantitative angiography analysis) and either symptoms of ischemia or a positive functional study

**TABLE 2** Baseline Lesion and Procedural Characteristics According to Treatment Group

	DES Group (n = 386 Lesions)	BMS Group (n = 385 Lesions)
Recipient vessel		
Left anterior descending coronary artery	123 (32)	118 (31)
Left circumflex coronary artery	134 (35)	140 (36)
Right coronary artery	129 (33)	127 (33)
Stenosis localization		
Aortic anastomosis	60 (16)	71 (18)
Coronary anastomosis	47 (12)	39 (10)
Proximal	101 (26)	90 (23)
Medial	108 (28)	98 (25)
Distal	56 (15)	65 (17)
Diffuse	14 (4)	22 (6)
Degeneration score		
0	139 (36)	130 (34)
1	100 (26)	106 (28)
2	77 (20)	76 (20)
3	70 (18)	73 (19)
TIMI flow before the procedure		
0	20 (5)	20 (5)
1	11 (3)	17 (4)
2	65 (17)	66 (17)
3	290 (75)	282 (73)
TIMI flow after the procedure		
0	1 (<1)	6 (2)
1	0 (0)	3 (1)
2	25 (6)	27 (7)
3	360 (93)	349 (91)
Reference vessel diameter, mm	3.36 ± 0.68	3.38 ± 0.73
Lesion length, mm	15.1 ± 10.2	14.3 ± 9.8
Lesion pre-dilatation	227 (65.0)	232 (63.2)
Diameter stenosis, pre, %	65.3 ± 14.8	64.6 ± 16.1
Balloon diameter, max, mm	3.65 ± 0.64	3.72 ± 0.76
Balloon pressure, max, mm Hg	15.0 ± 3.6	15.3 ± 3.8
Diameter stenosis, post, %	11.4 ± 7.4	10.6 ± 13.1
Length of stented segment, mm	26.8 ± 15.4	27.5 ± 13.4

Values are n (%) or mean ± SD. Quantitative coronary angiography analysis based on in-stent analysis. There were no significant differences in baseline lesion and procedural characteristics between treatment groups (p > 0.05 for all comparisons).  
TIMI = Thrombolysis In Myocardial Infarction; other abbreviations as in Table 1.

corresponding to the area served by the target graft, or diameter stenosis of 70% or more at follow-up angiography in the absence of documented clinical or functional ischemia. Definite stent thrombosis was defined according to Academic Research Consortium criteria. Clinical events were adjudicated and classified by an event adjudication committee blinded to the treatment groups.

**STATISTICAL ANALYSIS.** Continuous data are presented as mean ± SD or median (25th to 75th percentiles). Categorical data are presented as counts or proportions (%). Data distribution was

**TABLE 3 Clinical Results at 5 Years According to Treatment Group**

	DES Group (n = 303)	BMS Group (n = 307)	Hazard Ratio (95% Confidence Interval)	p Value
Death	78 (27.5)	84 (28.9)	0.94 (0.69-1.28)	0.70
Cardiac death	48 (18.2)	53 (20.1)	0.92 (0.62-1.36)	0.67
Myocardial infarction	22 (8.2)	28 (9.9)	0.76 (0.44-1.36)	0.37
ST-segment elevation myocardial infarction	4 (1.5)	6 (2.0)	0.67 (0.19-2.37)	0.53
Definite stent thrombosis	5 (2.0)	1 (0.4)	5.11 (0.60-44.72)	0.14
Target lesion revascularization	84 (33.1)	69 (25.5)	1.20 (0.87-1.64)	0.27
Repeat PCI	84 (33.1)	67 (24.8)	1.24 (0.90-1.71)	0.19
Repeat coronary artery bypass surgery	0 (0.0)	3 (1.1)	–	0.99
Target vessel revascularization*	100 (39.5)	89 (32.9)	1.09 (0.82-1.45)	0.57
Death or myocardial infarction	93 (32.8)	108 (36.6)	0.85 (0.64-1.12)	0.24
Death, myocardial infarction, target lesion revascularization	159 (55.5)	157 (53.6)	0.98 (0.79-1.23)	0.89

Values are n (%) unless otherwise indicated. Percentages are Kaplan-Meier estimates. \*Target vessel revascularization includes all revascularization procedures in the target graft, including target lesion revascularization. PCI = percutaneous coronary intervention; other abbreviations as in Table 1.

tested for normality using the Kolmogorov-Smirnov test for goodness of fit. For patient-level data, differences between groups were checked for significance using the Student's *t*-test or Wilcoxon rank sum test (continuous data) or the chi-square or Fisher exact test where the expected cell value was <5 (categorical variables). For lesion-level data, differences between groups were checked for significance using generalized estimating equations in order to address inpatient correlation in patients who underwent multilesion intervention (12). Event rates are shown as Kaplan-Meier estimates. Hazard ratios (HRs), confidence intervals (CIs), and p values were calculated from univariate Cox proportional hazards models or log-rank tests. Statistical analysis was intention-to-treat.

Pre-specified subgroups for assessment of potential treatment differences were defined by age, sex, diabetes status, venous graft age, and degeneration score. The statistical interaction between treatment effect regarding the primary endpoint and each of the baseline characteristics used for subgroup definition was assessed. A 2-sided p value <0.05 was considered to indicate statistical significance. Statistical software S-PLUS, version 4.5 (S-PLUS, Insightful Corp., Seattle, Washington) was used for analysis. Statistical analysis was performed by Dr. Kastrati. The trial is registered at ClinicalTrials.gov (NCT00611910).

**RESULTS**

In total, 610 patients were enrolled in the study, 303 patients in the DES group (permanent polymer PES

[n = 101], permanent polymer SES [n = 101], or biodegradable polymer SES [n = 101]) and 307 patients in the bare-metal stent group. All patients received the allocated stent type. A study flow diagram is shown in Online Figure 1.

Baseline clinical characteristics were similar for both treatment groups (Table 1). There were no significant differences in baseline lesion or procedural characteristics between groups (Table 2). The majority of patients were on statin therapy at hospital discharge: 270 of 293 (92.2%) versus 245 of 265 (92.5%); p = 0.89. A total of 438 (72%) patients underwent planned follow-up angiography at 6 to 8 months post-procedure. Clinical follow-up at 5 years was complete in all but 50 (8.1%) patients, with no significant difference between treatment groups (p = 0.28). Median follow-up duration in patients with incomplete follow-up was 1.1 (0.7 to 2.6) years. Clinical outcomes at 5-year follow-up are shown in Table 3.

**PRIMARY ENDPOINT.** At 5 years, the primary endpoint occurred in 159 (55.5%) patients in the DES group and 157 (53.6%) patients in the bare-metal stent group (HR: 0.98; 95% CI: 0.79 to 1.23; p = 0.89) (Figure 1A). A significant interaction between treatment effect and time was observed (p<sub>interaction</sub> = 0.005). Landmark analysis showed a lower rate of the primary endpoint in the DES group compared with the bare-metal stent group at 1 year (HR: 0.64; 95% CI: 0.44 to 0.94; p = 0.02) but a numerically higher rate in the DES group between 1 and 5 years (HR: 1.24; 95% CI: 0.94 to 1.63; p = 0.13). There was no significant difference in outcomes between patients randomized to treatment with each of the 3 different DES types with respect to the primary endpoint (Table 4).

In the pre-specified patient subgroups (defined by age >73.2 or ≤73.2 years, male or female, diabetic or nondiabetic, SVG age >13 or ≤13 years, and SVG degeneration score >1 or ≤1), there was no interaction with treatment effect with respect to the primary endpoint (p<sub>interaction</sub> >0.13 in all cases).

**SECONDARY ENDPOINTS.** The composite of death and MI occurred in 93 (32.8%) versus 108 (36.6%) patients (HR: 0.85; 95% CI: 0.64 to 1.12; p = 0.24) at 5 years (Figure 1B). No significant interaction between treatment effect and time was observed (p<sub>interaction</sub> = 0.57). Landmark analysis showed comparable rates of death or MI in the DES and bare-metal stent groups at 1 year (HR: 0.74; 95% CI: 0.44 to 1.25; p = 0.27) and between 1 and 5 years (HR: 0.89; 95% CI: 0.64 to 1.24; p = 0.49).

At 5 years, TLR occurred in 84 (33.1%) patients in the DES group and 69 (25.5%) patients in the

bare-metal stent group (HR: 1.20; 95% CI: 0.87 to 1.64;  $p = 0.27$ ) (Figure 2A). A significant interaction between treatment effect and time was observed ( $p_{\text{interaction}} < 0.001$ ). Landmark analysis showed lower TLR rates in the DES group at 1 year (HR: 0.49; 95% CI: 0.28 to 0.86;  $p = 0.01$ ) but higher rates between 1 and 5 years (HR: 2.02; 95% CI: 1.32 to 3.08;  $p = 0.001$ ) (Figure 2B).

There was no difference between treatment groups in the clinical presentation of patients who underwent TLR: presentation was with acute coronary syndrome in 51 (33.3%) patients, with stable angina in 94 (61.4%) patients, and 8 (5.2%) patients were asymptomatic ( $p = 0.52$ ). The angiographic morphology of restenotic lesions in patients who underwent TLR was diffuse in 89 (58.9%) and focal in 62 (41.1%); 137 (90.7%) were within the stented area and 14 (9.3%) in the 5-mm segment proximal or distal to the stent, with no difference between the groups ( $p = 0.40$  and  $p = 0.66$ , respectively). Forty-nine (32.0%) patients underwent multiple TLR procedures throughout the follow-up period, with no difference between the treatment groups ( $p = 0.47$ ).

Eighty-four (13.8%) patients underwent TVR that did not involve the target lesion, with no difference between the treatment groups ( $p = 0.34$ ); of these 20 patients underwent multiple TVR procedures that did not involve the target lesion during the follow-up period, with no difference between the groups ( $p = 0.29$ ).

SVG occlusion was found in 63 (10.3%) patients within the follow-up period: 32 were managed conservatively, with no difference between the groups ( $p = 0.72$ ). Of those who underwent revascularization, 17 were treated by TLR and 14 by PCI of the native vessel supplied by the target SVG.

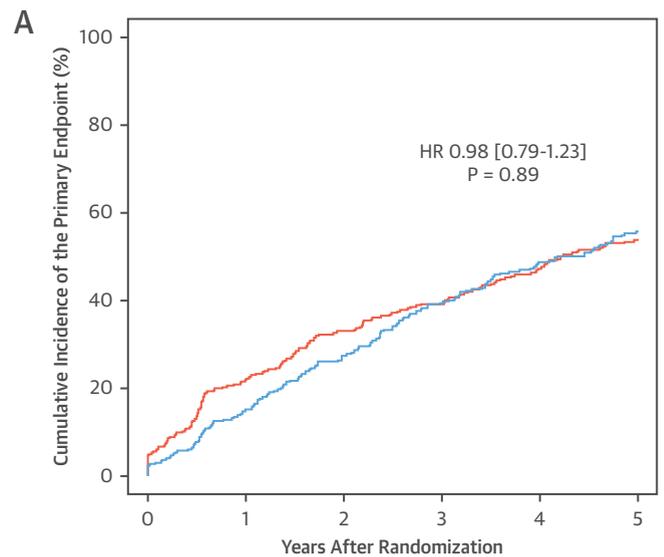
Definite stent thrombosis occurred in 5 (2.0%) versus 1 (0.4%) patient in the DES and bare-metal stent groups, respectively (HR: 5.11; 95% CI: 0.60 to 44.72;  $p = 0.14$ ).

There was no significant difference between the 3 DES types with respect to any secondary endpoint (Table 4).

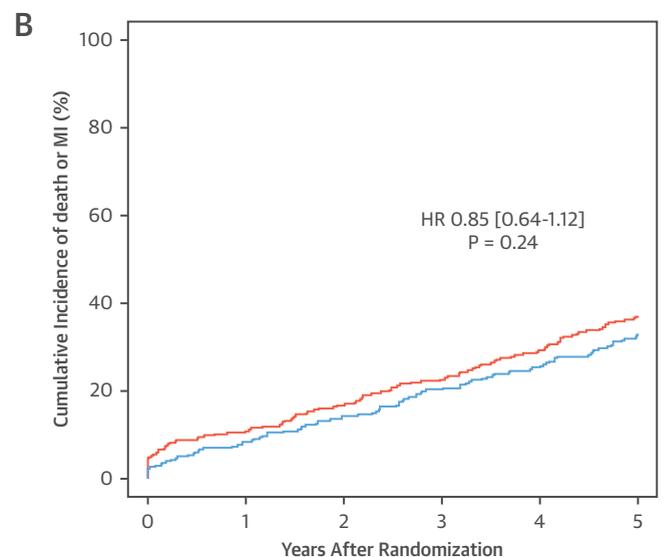
## DISCUSSION

The current analysis is important as it represents long-term follow-up of the largest randomized trial to date comparing DES and bare-metal stents for the treatment of SVG lesions. The main finding is that in patients with SVG lesions treated by PCI, the advantage of DES over bare-metal stents with respect to clinical outcomes observed at 1 year was

**FIGURE 1** Kaplan-Meier Curves of the Primary Endpoint and of Death or MI at 5 Years



Patients at risk		0	1	2	3	4	5
DES	303	251	208	171	143	120	
BMS	307	235	193	174	150	129	



Patients at risk		0	1	2	3	4	5
DES	303	270	245	224	207	181	
BMS	307	268	241	223	203	178	

— DES — BMS

(A) Kaplan-Meier curves showing cumulative incidence of the primary endpoint (composite of death, MI, or target-lesion revascularization). (B) Kaplan-Meier curves showing cumulative incidence of death or myocardial infarction at 5 years. BMS = bare-metal stent; DES = drug-eluting stent; HR = hazard ratio; MI = myocardial infarction.

**TABLE 4 Clinical Results at 5 Years According to DES Type**

	Permanent Polymer PES (n = 101)	Permanent Polymer SES (n = 101)	Biodegradable Polymer SES (n = 101)	p Value
Death	20 (21.2)	26 (27.4)	32 (34.0)	0.16
Cardiac death	12 (13.4)	15 (17.0)	21 (24.5)	0.19
Myocardial infarction	9 (9.9)	7 (8.0)	6 (6.6)	0.76
Definite stent thrombosis	1 (1.1)	3 (3.9)	1 (1.1)	0.45
Target lesion revascularization	27 (31.3)	33 (38.4)	24 (29.7)	0.33
Death or myocardial infarction	27 (28.5)	30 (31.5)	36 (38.0)	0.37
Death, myocardial infarction, target lesion revascularization	47 (49.2)	56 (58.6)	56 (58.9)	0.37

Values are n (%). Percentages are Kaplan-Meier estimates.  
DES = drug-eluting stent; PES = paclitaxel-eluting stent; SES = sirolimus-eluting stent.

no longer apparent at 5 years, with comparable event rates in both treatment groups at this juncture. This observation was driven by late catch up in TLR rates in the DES group: although at 1 year, the incidence of TLR in the DES group was less than one-half that in the bare-metal stent group, between 1 and 5 years, the rate was more than twice that in the bare-metal stent group (**Central Illustration**). Moreover, observations appeared consistent irrespective of the DES type used.

Systematic long-term follow-up of randomized trials of coronary devices is an important element of device evaluation. Both device approval and clinical practice are often informed by the primary results of randomized trials, frequently assessed at 12 months post-intervention. Although treatment effects at longer-term follow-up are often consistent with primary results, in some instances, important differences are seen. For example, in 2 device trials in recent years, the advantage demonstrated for one device over another with respect to the primary endpoint was lost at longer-term follow-up (13-16). Moreover, safety concerns or advantages related to certain devices may only become apparent during long-term follow-up, after the primary results have been reported (17-19).

There is a paucity of randomized data regarding long-term outcomes of DES versus bare-metal stents for the treatment of SVG lesions. Other published randomized trials examining this question are small with limited duration of follow-up (9-11). At primary analysis, the 75-patient RRISC trial and the 80-patient SOS trial both showed lower angiographic restenosis with DES compared with bare-metal stents at 6 and 12 months, respectively; this translated into lower rates of repeat revascularization at

6 and 18 months, respectively (6,7). More recently, the BASKET-SAVAGE (Basel Kosten Effektivitäts Trial-Saphenous Venous Graft Angioplasty Using Glycoprotein 2b/3a Receptor Inhibitors and Drug-Eluting Stents) trial, which was terminated early after enrolment of 173 patients, also showed improved clinical outcomes at 1 year with DES, mainly driven by lower rates of repeat revascularization (9).

However, at longer-term follow-up, some differences in comparative efficacy were seen. Although follow-up of the SOS trial demonstrated persistently lower repeat revascularization rates in the DES group at a median of 35 months (11), the DELAYED RRISC (Death and Events at Long-term follow-up ANALYSIS: Extended Duration of the Reduction of Restenosis In Saphenous vein grafts with Cypher stent) trial showed some evidence of late “catch up” in repeat revascularization in the DES group, resulting in loss of the early efficacy advantage of DES at 32 months (10). In addition, for reasons that are unclear, late all-cause mortality was significantly higher in the SES group in comparison with the bare-metal stent group. The reason for the discordance with respect to late antirestenotic efficacy between these 2 trials is not known, though these results should be interpreted with caution, due to the modest number of included patients. Moreover, although durability of the efficacy advantage for DES over bare-metal stents was reported at 3 years in the BASKET-SAVAGE trial, only one-third of patients completed follow-up to 3 years (9).

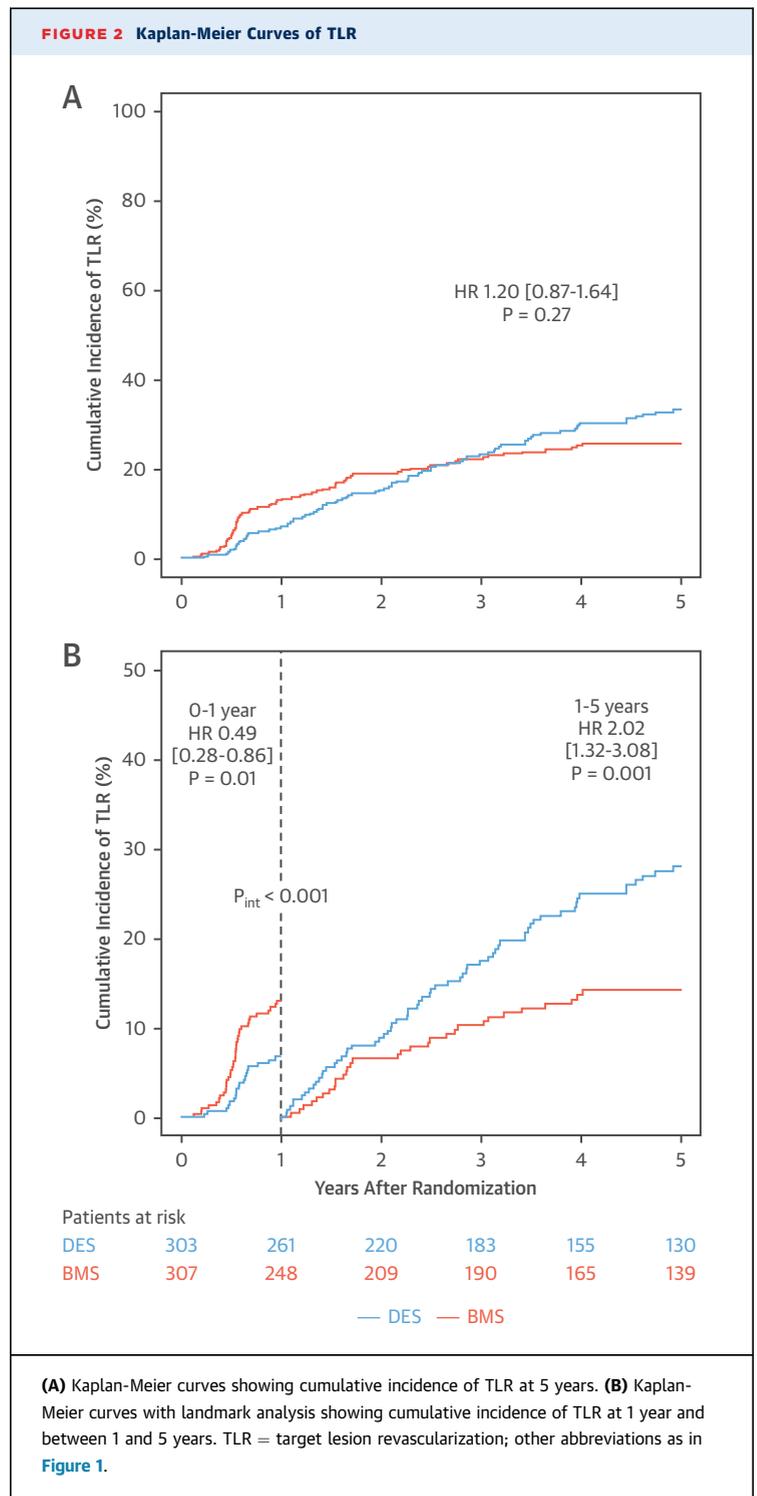
Results of the DIVA (Drug-Eluting Stents vs Bare-metal stents In Saphenous Vein Graft Angioplasty) trial with median follow-up of 2.7 years were recently presented (20). Although no difference in clinical outcomes between DES and bare-metal stents was reported at 12 months, in keeping with findings in our study, higher attrition of efficacy of DES was observed during longer-term follow-up.

Late catch up in repeat revascularization after DES implantation in native coronary vessels has been described during long-term follow-up of a number of randomized trials. In the SIRTAX LATE (Sirolimus-Eluting Versus Paclitaxel-Eluting Stents for Coronary Revascularization LATE) study, the advantage of SES over PES with respect to major adverse cardiac events and TLR demonstrated at 1 year was lost at 5 years on account of higher late TLR rates in the SES group between 1 and 5 years (16). The SORT-OUT III (Randomized Clinical Comparison of the Endeavor

and the Cypher Coronary Stents in Non-selected Angina Pectoris Patients) trial reported a similar phenomenon, with the superiority of SES over zotarolimus-eluting stents at 1 year in terms of major adverse cardiac events and TLR no longer evident at 5 years due to late catch up in TLR in the SES group (14). Likewise, in the PROTECT (Randomized Study Comparing Endeavor With Cypher Stents) trial, the TLR advantage demonstrated for SES over zotarolimus-eluting stents at 1 and 3 years was no longer present at 4 years due to differential TLR rates between treatment groups after 1 year (19).

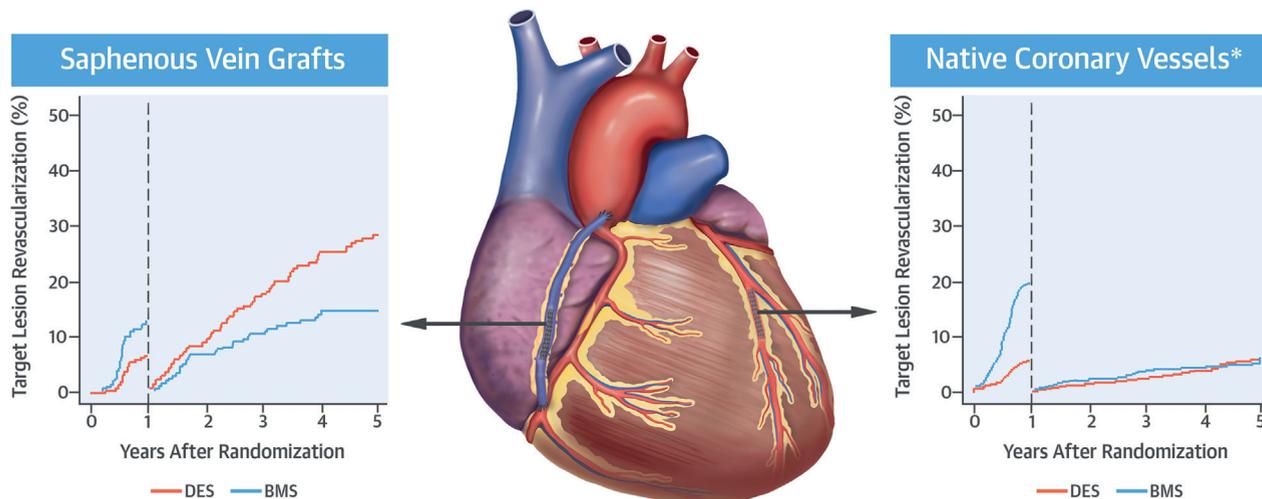
The observation of late catch up in TLR is in keeping with findings from preclinical and human imaging studies. In animal models, late catch up in neointimal growth has been demonstrated in DES, but not in bare-metal stent controls (21,22). Angiographic surveillance studies in man have shown late catch up in angiographic restenosis—also termed late luminal creep—in DES. Although studies of patients with serial angiographic follow-up show that neointimal formation peaks 6 months after bare-metal stenting (23), in the case of DES, this process is temporally right-shifted and remains a dynamic ongoing process out to 2 or even 5 years (16,24). In addition, the formation of in-stent neoatherosclerosis may be more accelerated in DES as compared with bare-metal stents (25). Nevertheless, randomized trials enrolling patients with predominantly native vessel disease have shown sustained clinical advantage with DES over bare-metal stents out to 5 to 6 years (26-28) (Central Illustration).

The difference in underlying pathological substrates between SVGs and native arteries may be an important consideration. First, the atherosclerotic process in SVGs is accelerated compared with native coronary arteries. Autopsy studies have shown that in the first year after implantation, the SVG wall becomes thickened by neointimal growth, likely due to exposure to arterial pressure 10-fold higher than venous pressure (29). Second, similar to observations in native coronary arteries, delayed vessel healing is observed with greater frequency in SVGs treated with DES compared with bare-metal stents. However, this seems to be exaggerated in SVGs compared with native coronary arteries (27). This is possibly explained by the differences in the pathology of the underlying plaques: SVGs plaques are typically fibroatheromata with large necrotic cores, and stenting of such lesions generally results in strut penetration of necrotic core. In the case of DES, this contributes to delayed vessel healing,



possibly due to longer retention of lipophilic drug (29). It is possible that delayed healing in the DES group may have contributed to the late catch up in TLR observed in the current study. Finally, the

### CENTRAL ILLUSTRATION Drug-Eluting Stents Versus Bare-Metal Stents in Saphenous Vein Graft and Native Coronary Lesions: 5-Year Follow-Up



Colleran, R. et al. *J Am Coll Cardiol.* 2018;71(18):1973-82.

Kaplan-Meier curves showing differential durability of efficacy of DES versus BMS in vein grafts and native coronary vessels at 1 year and between 1 and 5 years. \*The data regarding native coronary vessels are adapted from Kastrati A, Mehilli J, Pache J, et al. Analysis of 14 trials comparing sirolimus-eluting stents with bare-metal stents. *N Engl J Med* 2007;356:1030-39. BMS = bare-metal stent; DES = drug-eluting stent; SVG = saphenous vein graft.

development of DES and determination of drug dosage was based on observations from implantation in arterial vessels in non-clinical and early human studies.

**STUDY LIMITATIONS.** A number of important limitations must be taken into account when interpreting the results of this study. First, this is a secondary, non-pre-specified analysis of a randomized trial. Thus, findings are hypothesis-generating. Second, in two-thirds of patients in the DES group, early-generation DES—devices no longer in clinical use—were used. However, the findings observed seemed consistent in both early- and newer-generation DES treatment groups. Moreover, although the newer-generation biodegradable polymer DES investigated is not available for use in the United States, prior clinical trial data shows outcomes comparable to those of Food and Drug Administration-approved newer-generation DES (30,31), and the findings of this study are concordant with findings in the DIVA trial in which predominantly new-generation, Food and Drug Administration-approved DES were used (20). Third, routine surveillance angiography at 6- to

8-month follow-up, which was mandated by the trial protocol, may have elevated rates of TLR in the first year after PCI beyond what might have been observed in the setting of clinical follow-up alone. Finally, information on compliance with medications including dual antiplatelet therapy was not captured. In summary, these data provide a good rationale for, but are no substitute for, a prospective study with new-generation DES versus bare-metal stents and planned long-term follow-up.

### CONCLUSIONS

In patients undergoing PCI of SVG lesions, safety outcomes for DES and bare-metal stents remained comparable at long-term follow-up. However, the efficacy advantage of DES over bare-metal stents demonstrated at 1 year was lost at 5-year follow-up due to higher attrition in the DES group.

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## PERSPECTIVES

### COMPETENCY IN PATIENT CARE AND

**PROCEDURAL SKILLS:** Compared with bare-metal stents, DES provide superior patency for treatment of aortocoronary SVG lesions at 1 year but this advantage dissipates over 5 years.

**TRANSLATIONAL OUTLOOK:** Randomized trials with long-term follow-up are needed to compare the durability of newer-generation DES with bare-metal stents in SVG disease.

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**KEY WORDS** bare-metal stent, drug-eluting stent, long-term follow-up, randomized trial, repeat revascularization, saphenous vein graft

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**APPENDIX** For the trial protocol as well as a supplemental figure and table, please see the online version of this paper.